



"To Serve — Not To Be Served"

Affiliated with NRTA and AARP

Nebraska Association of Retired School Personnel



NEWSLETTER



Spring 2023 www.narsp.org

Published Twice Yearly

Community Service Report for 2021-2022

Retired teachers are far from being retired as is shown in this report. They continue to devote their time and energy towards a greater cause. Members of NARSP give back to their communities in a variety of ways.

Volunteering in churches is perhaps the greatest involvement with members cooking, cleaning, working with youth, sewing and ironing, helping with finances, and serving on a variety of committees.

Members also reach out to needy by helping with food banks, Habitat for Humanity, packing dehydrated food for third world countries, and helping at blood drives. One Unit provides nutrition bars to a local high school's pantry.

Members share their musical talents by playing dulcimers, pianos, and bells at rest homes. Many reach out with cards and treats for veterans, rest homes, and those who are homebound.

Many Units have special on-going projects like providing laundry supplies and money for a project called "Laundry Love". Another special project provides stuffed animals for first responders to give to children when they are in a disastrous situation. This project is called "A Berry Merry Christmas".

The list goes on and I know that many hours are not even turned in as the act of volunteering is not done for recognition. However, 25,165.25 hours were turned in this year. The Bureau of Labor Statistics placed the value of \$29.95 per volunteer hour this year. Therefore, the hours turned in indicate a savings of \$753,699.24.

Thank you NARSP members for reaching out to your communities.



Mark Your Calendar for Thursday, September 28th!

NARSP Annual Meeting - Lincoln - More info to follow



Wauneta's Notes

Hope your Holiday Season was enjoyable with your family and friends. Did any of you get caught waiting in an airport?

Your executive board has had an email meeting. Our fall Annual Meeting is scheduled for a different location due to cost. We will be having our Annual Meeting at Alldergate Methodist Church on 84th and South Street in Lincoln on Thursday, September 28, 2023 from 11:30 a.m. - 4:00 p.m. (tentative closing)

*Nominations are due for the Big Apple Award. (Due May 4th)

*Scholarship applications have been mailed to all Unit Presidents.

*Please let us hear about your Community Service Awards and any other exciting things happening in your unit.

*Volunteer hours to Cathy Morgan (morgan1968@charter.net) 402-469-4642 (Due June 15th)

*Registration and food preference for the Annual Meeting to Wauneta Peterson (wvpeter2@gmail.com) 402-483-1649 (August)

*Names of deceased members to Nancy Johnson (nancy.johnson5@cox.net) 402-330-8649

*Jan Barnason is our representative for Legislation and NRTA (jkbarnason@gmail.com) 402-462-8108

*David Schribner is our AMBA Representative (4024635461@charter.net) 402-463-5461

*Ernie and Twila Griffith are representatives of AARP (egriff@mail.com) 308-631-1743

Keep warm, stay healthy and keep moving. Happy Spring!

Wauneta Peterson
NARSP President
402-483-1648

“Remember the Spotlight”

Do you have a centenarian in your local Unit that is a member of NARSP or a member that will be reaching that milestone in the very near future? Plan to submit an article about that individual along with their picture to Jeri Lorenz at Copycat Printing & Signs for inclusion in a future issue of the NARSP Newsletter so the “Spotlight on a 100-Year-Old Member” can be turned on! Mail to 365 N Broadwell Ave, Grand Island, NE 68803 or Email to jeri@copycatprinting.com

NARSP Executive Board

Vacant
Executive Director

Wauneta Peterson,
President

June Bowers
Vice President

Twila Griffiths
Secretary

Nancy Johnson,
Treasurer

Additional officer information located on the NARSP Website:

www.narsp.org

NARSP Membership

Membership with NARSP gives you representation in the community and legislature, fellowship with other retired school personnel, and access to many member benefits.

All retired teachers, administrators, school personnel and support staff are invited to join our organization as active members.

Associate membership is available to a spouse of an active member; to any individual who is interested in and subscribes to the purposes of NARSP; and to active school personnel within three years of retirement.

Yearly dues are \$15.00 for both active and associate members.

There are a number of options available for payment of your dues. Unit members will continue to pay your annual dues through your local treasurer. There are three options that can be found on the NARSP website www.narsp.org. -- download and complete the membership form and mail your check to the address noted on the form; by credit card for your annual membership; and by credit card with automatic annual renewal.

If you would have questions about your membership, please feel free to contact Nancy Johnson, NARSP Treasurer and Membership Chair at 12777 "A" Street, Omaha, NE 68144 (E-mail – nancy.johnson5@cox.net)

NARSP Newsletter Co-Editors

Bob and Billie Bussmann
RBUSSMANN@neb.rr.com
bbuss@neb.rr.com
(402) 488-3231

REMINDER

It would be appreciated if local Units and individuals would regularly notify Nancy Johnson, NARSP Treasurer, of the name(s) of NARSP members who have changed addresses or passed away. This will help with keeping an updated membership/mailling list as well as a listing of the necrology for the 2022-23 Memorial Service Program. **If you have not already done so, names of members who have passed since the last memorial service need to be submitted to Nancy by Wednesday, August 31 to be included in the memorial program.**

Nancy Johnson
NARSP Treasurer
12777 "A" Street
Omaha, NE 68144
or Nancy.Johnson5@cox.net

NARSP Scholarships

This is the 14th year for the NARSP Active Educator Scholarship program. Two scholarships of \$1,000 each for the 2023-2024 academic year will be awarded to an active educator that is working on an advanced degree or endorsement.

Applications are available from the local Unit President. The deadline for submitting an application is April 10, 2023. Units will then select a semi-finalist application to forward onto the NARSP Executive Board for consideration. The board will make the selection of the two scholarship recipients.

If you would know of an active educator in your area that is working on an advanced degree or endorsement, encourage them to make an application for the scholarship.

Look forward to the Summer Issue of the NARSP Newsletter for the announcement of the scholarship recipients.

NARSP



Remember to LIKE us on



www.facebook.com/NRTA.NE

“Message from MJ”

Long Term Care – The Gorilla in the room

We’re Living Longer, but ...

Advancements in medical science have resulted in steadily increasing life expectancy. But as we age, our health problems become chronic as we suffer from degenerative diseases such as Alzheimer’s disease or arthritis.

Chronic disease often leads to some degree of disability, creating an ever-increasing need and demand for long-term care services.

The Need for Care

Your need for long-term care is determined by your ability to continue to function independently. Four distinct models are used in the assessment process:

Social Model: Your ability to cook, clean, do laundry, handle household maintenance, transport themselves, read, write, manage money, use equipment such as the telephone, and comprehend and follow instructions. These activities are known as Instrumental Activities of Daily Living (IADLs).

Physical Model: Your ability to function independently and perform activities of daily living (ADL’s) including bathing, dressing, toileting, continence, transferring and eating.

Mental Model: Cognitive Impairment refers to the deterioration or loss of your intellectual capacity, as evidenced by memory loss, disorientation and/or the inability to reason. It is often caused by Alzheimer’s disease or similar forms of senility or irreversible dementia.

Medical Model: The medical model is often referred to as “medically necessary” care and/or due to “injury or sickness”. In this context, long-term care should not be confused with short-term, restorative in nature acute care.

Will you lose the ability to function independently at some point in your life?

Start planning for LTC now, you only have a 7/10 chance on needing LTC in your[GK1] lifetime. LARSP has discounted rates on programs through AMBA. AMBA represents 63 different retired educator and school personnel associations in 36 states.

Contact your local AMBA representative by requesting information from -

Median Cost of LTC Services in Nebraska

Homemaker Services \$3,813

Homemaker Health Aide \$4,004

Based on annual rate divided by 12 months (assumes 44 hours per week).

Adult Day Health Care

Adult Day Health Care \$1,760

Based on annual rate divided by 12 months.

Assisted Living Facility

Private, One Bedroom \$4,556

As reported, monthly rate, private, one bedroom.

Nursing Home Care

Semi-Private Room \$5,414

Private Room \$6,200



ANNOUNCEMENT New AMBA Contacts NARSP Welcomes...



MJ Woodall

District Manager

WI, MN, IA, NE, & Upper MI

mj.woodall@amba.info

414.750.6575

Debra Schmidt

Benefits Advisor, NE

debra.schmidt@amba.info

402.320.6821

GUIDE TO YOUR NARSP MEMBER BENEFITS



Dental & Vision Plans

Freedom to use any dentist and no network required. Routine cleanings and exams are part of the plan and there are no referrals required for specialty care. Vision Service Plan (VSP) is the largest national eye care company. VSP offers one-stop shopping and discounts for all your eye care needs.



Home Health Care Insurance

This policy is designed as an affordable solution that helps give you the flexibility and freedom to utilize the type of care that's right for you – in your very own home.



Long Term Care Insurance

AMBA will build a policy to match your needs. You select the daily benefit amount, elimination period, and benefit period which best suits your needs for care. The policy features include no prior hospital stay and no waiting period for pre-existing conditions.



Medicare Solutions

Medicare doesn't provide all the coverage you need and can lead to high out-of-pocket costs such as deductibles, co-insurance and co-pays. That's where a Medicare coverage plan comes in.



Cancer, Heart & Stroke, Accident, and Disability Insurances

Benefits paid directly to you. Members select the benefit level that best suits their needs.



Final Expense Whole Life & Guaranteed Acceptance Life Insurance

Members can choose plans that protect their families now and at the end of life. Easy issue and Traditional plans available.



Medical Air Services Association (MASA)

MASA is dedicated to providing life-saving emergency assistance from home or while traveling. The coverage is designed to protect members against catastrophic financial loss when emergencies arise.



Annuity

Tax-deferred accumulation of interest, guaranteed, competitive interest rates, multiple payout options, and nursing home waiver.



Start Hearing, Inc.

Start Hearing, Inc. offers members a complete hearing evaluation, warranty on digital technology aids in any style, loss and damage protection, and batteries with a complete benefit package.

For more information or to schedule an appointment, call us at 1-800-200-5701 or visit www.startheating.com/partners/AMBA



Hospital Stay Coverage

A plan designed to help protect members' savings and security for the future. This insurance can help offset the cost of deductibles, co-pays, and unexpected or additional expenses incurred but not covered by other insurance plans.

GET YOUR BENEFITS NOW!

With Nebraska Association of Retired School Personnel (NARSP), you have access to exceptional member benefits. Are you wondering if certain benefits are right for you? Contact us for a free benefits review!

MJ Woodall 414-750-6575

| mj.woodall@amba.info



YOUR INSIGHT INTO SAVINGS



THOUSANDS OF SAVINGS OPPORTUNITIES!

RESTAURANT.COM®
BEST DEAL. EVERY MEAL.

SAMSUNG

Hertz®



WYNDHAM
HOTEL GROUP

T-Mobile™

CINEMARK®

myAMBAdiscounts gives membership even more value.
Explore thousands of savings opportunities in dining, event tickets, clothes, health,
travel & many other discounts nationwide.

ADDITIONAL MEMBER DISCOUNTS:

Rental Car Discounts

AVIS: 800-331-1212 / www.avis.com

BUDGET: 800-527-0700 / www.budget.com/

Cruise & Vacation Benefits

You will receive a vacation reward on the base fare of your trip and will also have access to special bonus offers on a monthly basis.

www.cruiseandvacationbenefits.com/AMBA

Orlando Employee Discounts

Save on your Orlando Vacation on lodging and tickets to theme parks. Check 866-391-6840 or

www.orlandoemployeediscounts.com

1-800-FLOWERS

Members save at 1-800-FLOWERS when they call 1-800-356-9377 or shop online

Computer Discounts

Apple: 1-800-MY-APPLE or 1-800-692-7753 or www.apple.com/us_epp_ac49325b-88a1-42ed-825f-edeb90618ea7/shop

Dell: 866-278-3504 or check out www.Dell.com/mpp/amba

BENEFITS MADE AVAILABLE THROUGH



Some benefits not available in all states. Association membership required to obtain benefits. Some associations have made a special benefits website available to their members. Register at myAMBAbenefits.info.

Updated 04/2022

Nebraska Association of Retired School Personnel

Financial Report

September 1, 2022 - January 31, 2023

Checkbook Balance August 31, 2022 \$ 13,018.06

Income

Dues

\$ 2,505.00 September
\$ 1,545.00 October
\$ 30.00 November
\$ 30.00 December
\$ 450.00 January **\$ 4,560.00**

Online dues

\$ 256.68 September
\$ 313.72 October
\$ 214.52 November
\$ 370.76 December
\$ 143.22 January **\$ 1,298.90**

Scholarship donation

\$ 2,500.00

Total Income

\$ 8,358.90 \$ 21,376.96

Expenditure

Check 2016 Scholarship \$1,000.00
Check 2018 Scholarship \$1,000.00
Check 2019 Postage \$ 25.00
Check 2020 Cathy's mileage \$ 89.68
Check 2021 Twila's mileage \$ 112.00
Check 2022 president's \$ 563.16
Check 2023 community/mileage \$ 53.20
Check 2024 Sheridan church \$ 150.00
Check 2025 Marjorie's mileage \$ 13.16
Check 2026 Pat's mileage \$ 36.40
refund \$ 15.00
Check 2027 Mileage \$ 8.50
Check 2028 Nationwide \$ 100.00
Check 2029 Secretary of State \$ 30.00
Total Expenses **\$ 3,196.10**

\$ - 3,196.10

Checkbook Balance

January 31, 2023

\$ 18,180.86

Other Monies

US Bank

	Original	Current	
CD (4411) matures 12-07-2025	\$ 6,009.35	\$ 6,485.40	1.49% (\$ 4.90)
CD (7901) matures 04-20-2023	\$10,380.30	\$12,381.84	2.47% (\$178.01)
CD (0631) matures 12-16-2025	\$10,000.00	\$10,792.19	1.49% (\$ 19.49)
CD (0649) matures 12-16-2025	\$10,000.00	\$10,792.19	1.49% (\$ 19.49)

State Farm moved to US Bank

CD (6961) mature 01-06-2023 \$ 9,280.18 \$10,972.55 2.27% (\$124.85)

Profits for this period (\$346.74) Total CDs \$51,424.17

Checkbook Balance and Other Monies - January 31, 2023

\$69,605.03

Submitted by Nancy Johnson Treasurer

WELCOME Announcement!

Debra Schmidt
will be serving Nebraska as the
AMBA Benefits Advisor.

Debra can be reached by
phone (402) 320-6821 or by
email debra.schmidt@amba.info



Have you joined us on Facebook yet?

If not, you are missing out. On
this page you will find postings
such as:

- Local area meetings (contact wanda.samson@gmail.com with information for your unit)
- Posts that are informative for retired individuals
- Humorous posts
- and much more

Do you need help getting on?
Contact wanda.samson@gmail.com to get help.

www.facebook.com/NRTA.NE



THANKS!

Thanks and appreciation is extended to the Norfolk Area Unit for the many contributions made and service provided to the Norfolk community and the surrounding area over the past fifty plus years. The Norfolk Unit was organized in 1971. In September of 2022 they voted to disband. They are wished nothing but the best!

NEBRASKA ASSOCIATION OF RETIRED SCHOOL PERSONNEL

Board of Directors Annual Meeting Minutes, September 15, 2022

Sheridan Lutheran Church - Lincoln, NE

The Annual Board of Director's Meeting of the Nebraska Association of Retired School Personnel (NARSP) was held on September 15, 2022, at the Sheridan Lutheran Church in Lincoln, Nebraska. Twenty-three members and guests were present: State President Wauneta Peterson from the Lincoln Unit, State Vice-President June Bowers from Southeast Nebraska, Secretary Twila Griffiths and her husband Ernest (member) from Scottsbluff, Treasurer Nancy Johnson from Omaha, former Executive Director Bob Bussmann and Billie Bussmann from Lincoln who are co-newsletter editors, Acting Community Service Chairperson Cathy Morgan of Hastings, Beatrice Unit President Margie Brubaker, Hastings Unit President Lavila Van Boeing, Hastings Unit Treasurer Sue Miller, Lincoln Unit President Lynne Nelson-Dixon, Lincoln Legislative Chairperson Pat Etherton, Omaha Unit President Connie Hill, Omaha Unit Vice-President Vira Brooks, Wayne Unit President Patricia Jenkins Rhode, Wayne Unit Secretary/Treasurer Jenny Gubbels, Lincoln Unit member Pam Ford, and AMBA liaison David Scribner of Hastings. Guests included Keith Mueller from Beatrice, State Senator Brett Lindstrom, AMBA District Manager Kell Smalley, and Nebraska AARP State Director Todd Studendieck.

Visiting was enjoyed by all during the first part of the meeting as we enjoyed box lunches catered from Hy-Vee.

The meeting was called to order at 12:30 pm by President Wauneta Peterson. She welcomed attendees and introduced the officers and guests. A verbal thank you was given to Pam Ford for providing the table decorations of school supplies. We then pledged allegiance to the flag and sang "God Bless America" accompanied by Wauneta. It was declared that a quorum was present. Wauneta asked to add the possibility of a pharmacy club to the agenda. Bob Bussmann moved the agenda be accepted, Connie Hill seconded the motion which was unanimously approved.

The annual memorial service for deceased members was then held. Unit presidents or representatives placed a white rose in a vase and stated the name of members from their locals who had passed away this year. Twenty deceased members were honored.

The September 29, 2021, minutes were approved as published in the Spring 2022 issue of the NARSP Newsletter. Nancy Johnson presented the financial report for September 1, 2021-August 31, 2022. Income for that time period was \$21,251.62; expenses were \$8,232.66. The checkbook balance was \$13,018.06. We have CDs valued at \$51,097.44 which gives us a total balance of \$64,115.50. Nancy will renew the CDs as they reach maturity.

Senator Brett Lindstrom from Omaha addressed the group. Senator Lindstrom has worked tirelessly for the past eight years to reduce taxes on Social Security for Nebraska's senior citizen population. In 2021 a 10-year reduction plan was passed. That

plan was improved this year so that income tax on social security will be gone by 2025. Senator Lindstrom served as the vice-chair of the revenue committee during part of his years in the legislature. Since there is a two-term limit, he will be leaving the legislature at the end of the year. We thank Senator Lindstrom for his time of serving the state of Nebraska and his dedication to seniors.

AARP Nebraska State Director Todd Studendieck reminded us that AARP is a nonpartisan nonprofit organization which works to improve the lives of our aging population. One of the issues Director Studendieck discussed was the prescription drug part of the Inflation Reduction Act that now allows Medicare to negotiate prices for our prescriptions. He also covered the topics of expanding broadband coverage, caregiving, fraud and voter engagement.

Kell Smalley, AMBA District Manager, shared a slide show reminding us of some of the 900 discounts our AMBA membership offers. He specifically mentioned hearing aids, Ameritas investments, and MASA, the medical air transport program. Kell stated that 70% of people over 65 will need some sort of extended care. He encouraged all of us to check out these many benefits we have through AMBA.

Bob Bussmann reminded us that we are part of NRTA which is the national educators community part of AARP. He encouraged us to go to NRTA section on the AARP website. Bob and Jan Barnason represented us at the NRTA Advocacy Conference.

Cathy Morgan, Acting Community Service Chair, reported that 25,165.2 volunteer hours had been reported this past year. The value of a volunteer hour has been set at \$29.95 by the Bureau of Labor Statistics. That means the worth of NARSP volunteer hours from June 1, 2021, to May 31, 2022, is \$753,699.24. Cathy said some of the ways NARSP members volunteer are in churches, in homes, sharing musical talents, making treats, giving out teddy bears and many other ways to serve.

President Peterson shared information about the recipients of the 2022-2023 NARSP Active Educator Scholarship. Alisa Burggraff is a 7-8 grade middle school teacher in Fremont. Angela Rae Embretson is a pre-school teacher at North Elementary in Falls City. These two ladies will receive \$1000 each. Eight quality applications were received this year. Wauneta read a thank you from Ms. Embretson.

The nominating committee recommended Wauneta Peterson continue as president and June Bowers as vice-president for the next two year term of 2022-2024.

Bob Bussmann gave us some information about Cascade Fountain which was first dedicated in 1977 to honor educators. The renovation was done in 2022 and Cascade Fountain has been rededicated. He encouraged us to continue to donate as the cost

of the renovation had greatly increased. He mentioned that it can be rented for special events.

The first item of new business was to appoint a nominating committee. It will remain the same: Chairperson June Bowers, Connie Hill, and Twila Griffiths. Bob Bussmann made a motion that the nominations of Wauneta Peterson for president and June Bowers for vice-president be accepted. Connie Hill seconded the motion which carried unanimously.

Bob and Billie Bussmann will continue as editors for the NARSP Newsletter. Bob reminded us that it is nice to have an article from each local and these are due the first part of February and July.

Since we have been unable to find an executive director, the duties of the executive director have been divided up. Jan Barnason will represent us and be the liaison with NRTA and legislation, David Scribner will do the same with AMBA, and Ernie/Twila Griffiths will work with AARP.

The proposed budget for 2022-2023 is income of \$14,000 and expenditures of \$11,200.00. A motion was made by Bob Bussmann that we accept the proposed budget. This was seconded by Connie Hill and approved.

The re-elected officers for president, Wauneta Peterson, and vice-president, June Bowers, were installed by Bob Bussmann. They will serve two-year terms.

A short discussion was held about prescription costs and a card called Drs Choice Rx. This was referred to a committee of Bob Bussmann, David Scribner and Kell Smalley.

Leona Anderson served as the NARSP Community Service Chair for many years, and we thank her for that. When Leona was unable to gather the volunteer hours last year, Cathy Morgan volunteered to do it. A motion was presented by Bob Bussmann that Cathy Morgan be named NARSP Community Service Chair, and Leona Anderson be named NARSP Community Service Emeritus. Margie Brubaker seconded the motion which carried unanimously. NARSP Volunteer Hour certificates were presented to the local unit president/representative.

Nancy Johnson shared that there are 406 NARSP members in local units and 312 independent members. The number of members from 2021 that have not yet paid dues for 2022-2023 is 117. There were 214 members from 2020 that did not renew their memberships in 2021.

As there was no other business the meeting was adjourned at 2:40.

Respectfully submitted,
Twila Griffiths, NARSP Secretary

In Memory

Frank Mills from Lincoln passed away on March 6, 2023.

Frank served as LARTA Unit President from 1998-2000 and from 2000-2002 as NSRTA President. During his term as state president the association endorsed AMBA as a benefits program for its members.

Frank is survived by his wife, Lois, and two sons and a daughter. NARSP extends an expression of sympathy to the Mills' family.



The news articles for the Summer Issue of the NARSP Newsletter are due by Friday, July 7, 2023.

Nominations Sought for NARSP Awards

NARSP has two annual awards, the “Big Apple” Award and the “Educational Service” Award, that are given to recognize individuals for their efforts in the community and/or unit or on behalf of retired school personnel.

The “Big Apple” Award is given to a person(s) who has made the biggest difference in the lives of retired school personnel. Past award recipients include: State Senator Gail Kopplin (2007), Mark Intermill (2008), Leona Anderson (2009), Bob Kuhn (2010), Don and Marilyn Leighton (2011), Bob Bussmann (2012), Gwynne Kuhn (2013), Adams County Convention and Visitors Bureau (2013), Roger Rea (2014), Jeri Lorenz (2015), Marjorie Pearson (2016), Janet Hibbs-Jones (2017), Paul Weinert (2017), State Senator Brett Lindstrom (2018), Connie Benjamin (2019), Ann Meinzer (2020), and Billie Bussmann (2021).

Members can nominate anyone in their local Unit, community, or in our state who you think deserves this honor. It can be a person of any age and any walk of life that you believe has made the biggest difference in the lives of retired school personnel. The individual does not need to be a member of NARSP.

The “Educational Service” Award is given to a NARSP member that in retirement keeps education alive, embodies the mission of NARSP, and continues to serve the Association and/or their local Unit in an unassuming way.

Do you have such an individual in mind that fits the description for either of these awards? If so, please complete the nomination form for either of these awards that is included in this issue of the “NARSP Newsletter”. Nomination forms need to be mailed to: Wauneta Peterson, NARSP President, P.O. Box 82227, Lincoln, NE 68501 by Monday, May 4, 2023. If you have questions or need additional information, please feel free to call at 402-483-1649 or e-mail at wypeterson2@gmail.com.



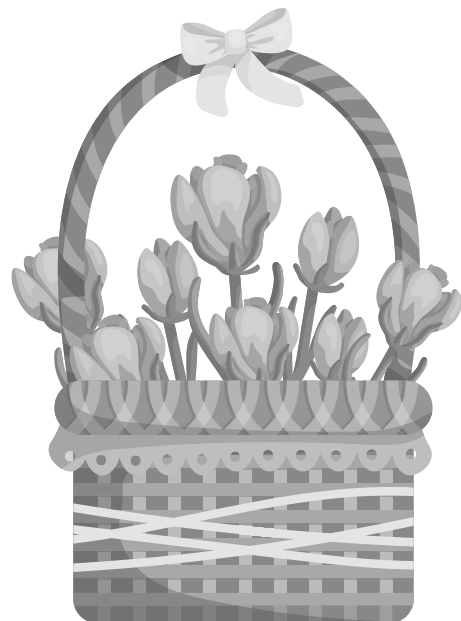
**ASSOCIATION MEMBER
BENEFITS ADVISORS**
800.258.7041
<http://myambabenefits.info/narsp>

NRTA Staff

Al Campos, Director NRTA
Mary Beth Dixon, Advisor
Adam Goldberg, Senior Legislative Representative

Do you have questions regarding your pension benefits?
Do you need additional information or need to
schedule an appointment about your pension benefits?
Have you changed your address? Contact NPERS:

Nebraska Public Employees Retirement Systems
1526 K Street, Suite 400
P.O. Box 94816
Lincoln, NE 68509-4816
Phone 402-471-2053
Toll Free 800-245-5712
npers.ne.gov



NOMINATION FORM
for
NARSP “BIG APPLE” AWARD
or
NARSP “EDUCATIONAL SERVICE” AWARD

Your Name _____

Address _____

Telephone _____ **E-mail** _____

Nominee’s Name _____

Address _____

Telephone _____

Local Unit (if applicable) _____

Please check one of the award options below for which this nomination is being submitted.

_____ **“Big Apple” Award**

_____ **“Educational Service” Award**

In a brief paragraph or two, describe the activities and reasons why this person(s) should receive either the NARSP “Big Apple” Award or the NARSP “Educational Service” Award. Please type your information and attach it to this completed form.

Nomination forms need to be mailed to: Wauneta Peterson, NARSP President, P.O. Box 82227, Lincoln, NE 68501 by Monday, May 4, 2023. (You may make copies of this form for other members to use.)

Officer Elections

Officer positions up for election at the Board of Directors' Annual Meeting this coming fall are Secretary and Treasurer. Both positions are for a two-year term (2023-2025).

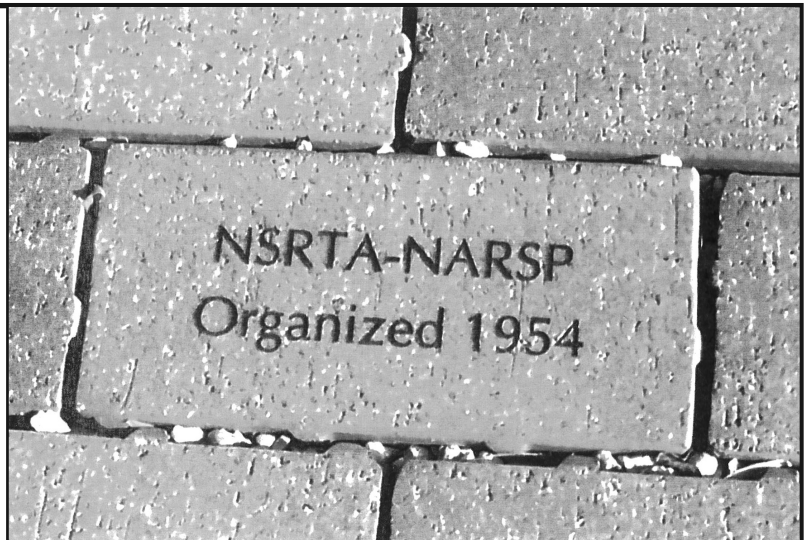
Secretary – The Secretary shall attend all meetings called by the President. In addition, the Secretary shall: keep the minutes of all meetings of the Association; keep a record of all motions; have available for reference at all meetings, a copy of past minutes, Constitution and Bylaws of the Association and a list of officers and chairpersons; submit a copy of the minutes of each meeting to the President as well as for publication in the respective issues of the NARSP Newsletter; and maintain permanent, dated copies of the Constitution and Bylaws.

Treasurer – The Treasurer shall deposit all funds in the name of the Association. In addition, the Treasurer shall: be bonded; receive and keep a record of all money paid into the Association; issue a receipt, if requested, to each unit treasurer for any monies paid into the State Treasury; assist units in their efforts to

recruit new members, retain current members, and review past member (including AMBA/state only members; collect dues and membership lists from the units; receives dues from AMBA/state only members; maintain as accurate up-to-date membership list; keep on file a list of the banks in which the monies are kept and provide a copy to the President and the Executive Director; prepare monthly financial reports and present them to the President and the Executive Director for approval; request that all bills submitted for payment be accompanied by a receipt; keep on file all vouchers for five (5) years; provide a financial report for publication in the NARSP Newsletter; and keep a yearly record of all members and provide a copy to the President, Executive Director, Newsletter Printing/Mailing Company, and AMBA.

Forward your suggestions for either position to June Bowers, NARSP Nominating Committee chair, at bowersjunem@yahoo.com.

What is the CASCADE HONOR ROLL?



- honoring or paying tribute to educators and school staff from across the state
- consider honoring a favorite teacher, a colleague, a new retiree, or even yourself
 - an inscribed brick placed in the Cascade Fountain Plaza
 - a nomination order form can be found within this Newsletter

NARSP DECEASED MEMBERS 2021-2022

BEATRICE

Gerane Drewes

FREMONT

Verona Anderson

Jan Hinds

Iva Johnson

HASTINGS

Janet Bierman

Georgia Bishel

Cathy Genung

Phyllis Hobbs

Marge Johnson

Rachel Lay

Norma Penning

LINCOLN

Edythe M. Cascini

Arlene Heimer

Lillian Lemon

Lynn Nickol

McCOOK

Evie Caldwell

NORFOLK

Jean Rumsey

OMAHA

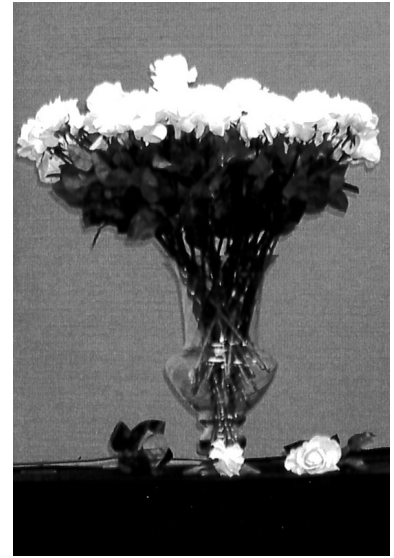
Dee Rankins

SCOTTSBLUFF

Harold Richard "Dick" O'Neal

NARSP STATE

Philip B. Bauer, Papillion, NE



“Highlights from the Annual Meeting held in Lincoln on September 15th”



Boxed Lunches...



Fellowship...



and Conversation!





State Senator Brett Lindstrom shared his eight year journey to exempt all Social Security income benefits from state income taxation.



Todd Stubbendieck, AARP NE Director, shared information on the work of AARP Nebraska post COVID and future plans.



Kell Smalley, AMBA District Manager, provided information on the many benefits offered by AMBA to NARSP members.



Cathy Morgan, NARSP Community Service chair, reported a total of 25,165.25 hours for 2021-2022.



The Memorial Service for departed members had their name called and a white rose placed in the vase by a representative from each Unit.



Units reporting Community Service hours, With Our Youth hours, and Service Projects were presented certificates.



Installed as NARSP Officers for 2022-2024 were June Bowers from Falls City as Vicc-President and Wauneta Peterson from Lincoln as President.

CONGRATULATIONS to the Omaha Area Unit for being the recipient of both of the Membership Traveling Plaques for increase in number of members and the greatest percentage increase!

CASCADE HONOR ROLL

NOMINATION FORM



Located at 27th and Capitol Parkway in Lincoln, Cascade Fountain was first dedicated in 1978 to honor educators for their dedication and commitment to providing excellence in education. The Cascade Honor Roll program is an opportunity to pay tribute to your favorite teacher by purchasing an inscribed brick for the Cascade Fountain plaza. Proceeds from this program will provide for care and maintenance of the fountain for years to come.

The Cascade Honor Roll program is open to all educators and school staff at all levels including Preschool-University and all public and private institutions. There are no geographic limitations. Each inscribed brick is \$250 and is 4" x 8"—the same as a standard size brick.

All those who order an inscribed brick will receive a letter that can be presented to your honoree and will have an opportunity to purchase a miniature replica brick (1 1/2 x 3") for an additional \$50.

I would like ☐ One Inscribed Brick (\$250) OR ☐ One Inscribed Brick + Replica (\$300)

Online orders preferred, visit: LincolnParks.org/cascade-honor-roll

DONOR INFORMATION PLEASE PRINT

Donor Name _____ Phone Number _____
Address _____ City _____
State _____ ZIP _____ Email _____

HONOREE INFORMATION

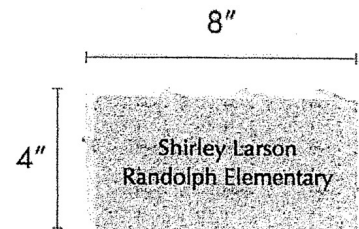
Name of Honoree _____ ☐ EDUCATOR ☐ NON-EDUCATOR

If Honoree is an Educator, indicate the name of their school.

BRICK INSCRIPTION

LIMIT 20 CHARACTERS PER LINE / SPACES COUNT AS A CHARACTER

Line One _____
Line Two _____
Line Three _____



Please mail this form with your check to: Lincoln Parks Foundation with "Cascade Honor Roll" in the memo line.

Mail your check with this form to: Lincoln Parks Foundation, 3131 O Street, Suite 301, Lincoln, NE 68516.

To pay by credit card, call: 402-441-8258.

Online donations accepted at: lincolnparks.org/cascade. Lincoln Parks Foundation is a non-profit, 501(c)(3),
Tax ID 36-3853746.

Note: Orders received by March 1 will be installed during the same calendar year.

For more information, contact:

Lincoln Parks Foundation
info@lincolnparks.org
402-441-8258

AMOUNT: _____ \$250 _____ \$300

Payment Type: ☐ Credit Card ☐ Check ☐ Cash ☐ Other



UNIT REPORTS



Active Units include...Beatrice Area, Fremont Area, Hastings Area, Lincoln Area, McCook Area, Omaha Area, Southeast Nebraska Area, and Wayne Area

~ FREMONT AREA ~



FAARSP members Norma Register on the left and Wanda Samson proudly display a sign telling the members of the accomplishment of reaching the gold level for the Holiday Meals fund for 2022. Register is the chairman for the campaign and Samson is the financial director. Both are ready for the 2023 campaign.

The Fremont Area Association of Retired School Personnel met for their November meeting at the United Methodist Church. The association honored their five member veterans with readings, music and a gift for each. Member Nancy Belkie sang You're a Grand Ole Flag for the veterans. Julia Cook was the speaker with a mental health message for the members.

The December drive-thru items for

straight year of increased donations. Last years donations totaled \$17,048.00. Veterans Christmas bags deliveries began December 7th. Marta Calhoun volunteered to be in charge of a new activity for the association. The association will be congratulating the last baby born in 2022 with some special items. Carol Martin presented a short story about an event during her teaching career.

Area schools are being provided treats for their entire staff between September and March. Thanks to all who signed up for the 25 school deliveries.

The new membership calendars were available for pickup at the meeting. Blue tote bags with the new FAARSP logo on it were available for pickup after the meeting.

The January meeting was held at St James Episcopal Church. The short story was provided by Wendy Brenner. Mark Shepard, superintendent of Fremont Public Schools was the speaker. He updated the members on school funding and all the construction progress going on at FPS.

Many thank you notes were read from community members in appreciation of what FAARSP does. Coordinators and chairman gave their updates for their works. Holiday Meals chair Norma Register reported that the association had reached the gold level for 2022 and that they were only \$202.00 short of their 2023 goal.

CHAD coordinator, Shonda Shirley, reported that she is positive we will break our record of \$17,048.00 on this years campaign. We are so close. Marta Calhoun chair for the new last baby of the year project said our baby came December 21, 2022. The hospital thanked us for our efforts with this new project.

Deliveries for valentine treats to veterans in the nine care centers will be between February 1-9. Thank you to Parker Cookies who again supplied the cookies for the treats. Also thanks again to



FAARSP members Laree Skelton and Janet Kletke volunteered to take their turn on a shift to ring bells for the Salvation Army in November. The buddy system always makes the time go faster.

Low Income Ministry were vegetables and the January item will be Kleenex. Thank you to the eight members who took their shift to ring bells for the Salvation Army. Norma Register, Holiday Meals chairman, reported members have their money collected for 2022 and have already begun their collection for 2023.

CHAD (combined health agencies drive) donation forms were available for pickup by members. The association is looking to have a 10th



FAARSP member Sharon Carlson poses for a picture with a care facility veteran. Carlson is one of many who volunteered her time to help deliver Christmas bags to veterans in the nine care centers in Fremont. Almost 100 bags were delivered. Conversation, hugs, stories, smiles and holding hands always make for a great visit.



FAARSP honored the five veteran members at their annual veterans celebration during the November meeting. Readings, songs, gift baskets for each, pictures and a good luncheon all to say thank you for their service and glad they are part of the association. From L to R are RJ Riggs, Al Martinez, Larry Marvin, Bob Kroenke and Johnny Halladay.

Mrs Demuth and her students who gathered and packed all the chocolates needed again.

FAARSP members voted to increase the amount of the scholarships awarded from \$1,000.00 to \$1,500.00 for each of the two scholarships. The Outstanding Service Award nomination forms were given out with a reminder that they were due back June 1st, late forms will

not be accepted. Thanks to the following members who agreed to serve on the selection committee. Thanks Rosanne Placek, Rhoda Holstine, Barbara-Kay Royuk and Cathy Chapman.

February drive-thru items for Low Income are syrup, pancake and waffle mix. Item for March meeting is toilet paper. Next meeting is at the Congregational church on March 8th at 12:00. Good work everyone. Stay healthy and safe.

Submitted by
Ruth Register
President-FAARP



Mary Robinson and Shirley Flanagan display the treats they took to a school as part of the Thank You for what you do. The members of FAARSP volunteered to supply treats to one of the 25 schools being treated this year by the association members.

~ HASTINGS AREA ~

Several years ago Hastings Public Schools closed Morton Elementary School and drew new district lines. After remodeling, updating, and additions were made to the remaining five elementary buildings, it was time to update Morton. The first floor of Morton became the home to the District's pre-school program. The second floor became the HPS Administration Facility. The building is now named the Morton Early Learning Center.



HARSP members gather for their September meeting at the new Administration conference room.

In September, members of HARSP were invited by Craig Kautz, Director of the HPS Foundation, to hold its meeting in the new Administration conference room with the Foundation providing the treats. Jeff Schneider, HPS Superintendent, gave the program at that meeting and spoke about school

safety. Following the program and meeting, HARSP members were treated to a tour of the newly remodeled building. We look forward to meeting there again at next September's meeting.



Superintendent Jeff Schneider speaks to the group at their September meeting.



HPS Foundation Director invites HARSP to meet again as his guests in September, 2023.

Other interesting programs this year included a message at our November meeting from Teresa Kreutzer-Hodson, director of the Hastings Museum. She spoke about the museum and its vision for the future.

In January we heard about the reporting of child abuse from Sgt. Ryan Phinney of the Nebraska State Patrol. Phinney talked about the changes that have been made in an effort to lessen the trauma for an abused child.



Teresa Kreutzer-Hodson brings a message from the Hastings Museum.



Ryan Phinney from the Nebraska State Patrol speaks at the January meeting of HARSP.

HARSP members continue their altruism project of Laundry Love with members giving laundry supplies and/or money at each meeting. This project provides free laundry on certain days of each month to anyone in our community that needs this assistance.

~ LINCOLN AREA ~

The Lincoln unit meets from September through May on the first Monday of the month unless that day is a holiday. At our first meeting on September 12, Brooke Goedert, Culture and Operations Manager from Nebraska Innovation Campus, gave an overview of what is available on the campus and what the future promises. Having sparked our curiosity, in November over a dozen members met for lunch at Well and Good, a restaurant in the Scarlet Hotel on Innovation Campus.



At the September meeting, Community Service Chair Billie Bussmann presented Council Member Sandra Washington a facsimile check for \$499,625.90, representing the volunteer hours completed by the Lincoln unit.

The focus for our speakers in October and November was "Aging".. In October Karla Frese from Home Care Partners of Nebraska spoke about caring for someone with dementia and gave the members the booklet "Prepare to Care: A Planning Guide for Families." In November, Randy Jones, Director of Aging Partners, shared information on the services available through Aging Partners. He also gave an overview of their new location in Victory Park.

Our meeting in December was a special treat with music from



the "Lincoln Community Playhouse Greasers." They played and sang music from the 50's and 60's and added some Holiday favorites. Our members couldn't help but sing along.

The week following Thanksgiving, Lincoln has a special event called the Holiday of Trees and the Lincoln unit has decorated a tree for this event for 25 years. Our unit combines the fall service project with decorating the tree. This year's project was to collect art supplies for Cedars Home for Children in Lincoln. Two hundred thirty-six items such as crayons, paper, colored pencils, erasers, canvases, paints, watercolors, scissors and chalk that were put on the tree and then donated to Cedars.

Lynne Nelson-Dixon,
Lincoln President

~ OMAHA AREA ~

We started our fall meetings on August 25th with Dr. Tim Hill as our presenter. He spoke on the current situation in our schools. He has extensive experience and degrees and shared a timeline of the events of the last couple years which resulted in



Dr. Tim Hill with his mother,
OARSEA President Connie Hill

students' social skills declining. He believes that teachers are not burned out, but are demoralized because of problems within school systems. He urged us to mentor new teachers, substitute, lobby for changes, and volunteer in the schools. His proud Mother is OARSEA President, Connie Hill.

We also conducted our memorial service for the members who had passed away since last August.

Barbara Naughtin, President of the Board of Trustees of

Prospect Hill located at 30th and Parker, shared a brief history of the cemetery and stories about some of the people buried there at our October 27th meeting. Prospect Hill is the oldest cemetery in Omaha. The Foundation is involved in maintenance and preserving its history. She urged people to visit and volunteer. Information can be found at www.prospecthill-omaha.org.



Barbara Naughtin, President of
Board of Trustees of Prospect Hill

OARSEA gave her a donation to help their mission.

Our December meeting was cancelled because of bad weather. Members were looking forward to playing Pokeno, so we will definitely be rescheduling that event.

Restoring Dignity, an organization that assists refugees by supplying them with personal products and needed items to furnish their homes, will be featured at our February meeting. A representative will share information about the organization, and members of OARSEA will be asked to bring items to our meeting to donate to the cause.

Linda Hammer

~ SOUTHEAST NE AREA ~

Hello in 2023! The Southeast Nebraska Association of Retired School Personnel is happy to report we are back to our usual routine of meeting 5 times a year. We currently have 32 members supporting this organization.

In September we awarded our NARSP Scholarship to Angela Embretson. Mrs. Embretson is a preschool teacher in Falls City Public Schools. She is currently studying for her master's degree in order to "help children and their families move forward in positive ways for a better future". She is working with Concordia



June Bowers, of the Southeast Nebraska group, presents an award to scholarship winner Angela Embretson.

University in Seward to earn a curriculum and instruction degree emphasizing "trauma and resilience". President June Bowers presented a certificate to Ms. Embretson in the photo included with this article.

In October we invited 2 guest speakers associated with the AMBA (Association Member Benefits Advisors) to inform us of many benefits available to our group through this agency. Benefits include dental, vision, long term care, additional health insurance, etc. A question and answer session was held following their presentation.

Group members donate their time and talents through volunteering in the community. Members regularly track their hours and we are off to a great start in 2022-23 with nearly 1000 hours! Also, annually we collect and donate to a scholarship for a high school student heading to college to pursue a teaching degree.

We wish you a healthy and happy New Year!

Respectfully submitted by Deb Harris, Secretary





3750 Normal Boulevard
Lincoln, NE 68506

PRSR STD
US POSTAGE
PAID
GRAND ISLAND, NE
PERMIT NO. 28

